IN THE CLAIMS

The listing of the claims will replace all prior versions, and listings, of claims in the application:

- 1-68. (Canceled)
- 69. (Previously presented) A form work panel for solid filled walls, including: a pair of facing sheets spaced apart by a plurality of stud assemblies,

the stud assemblies each having a pair of parallel strip-like studs held together by a plurality of spacer elements,

the stude each having a head attached to a respective panel, the head having a relatively broad flat surface directly abutting against and bonded and/or fastened to an inner face of the panel facing sheet, and a pair of spaced, opposed flanges which extend from a central portion of the head into the interior of the panel, the flanges formed integrally with the head such that the flanges and a portion of the head spanning between the flanges define a recess, each flange having an out-turned terminal lip to guide passage of the spacer element into the recess, the out-turned terminal lips defining a widening of the recess,

each spacer element in a stud assembly having tongues which engage respective recesses in the pair of studs, and

each recess in a stud having teeth formed on the flanges to engage the tongues of the spacer elements.

- 70. (Previously presented) A panel according to Claim 69 wherein the head of each stud attached to a respective facing sheet is substantially wider than the width of the spacer elements.
- (Previously presented) A panel according to Claim 69 wherein the width of the head of each stud is more than double the width of the recess formed by the flanges.
- 72. (Previously presented) A panel according to Claim 69 wherein each head is attached to a respective panel by way of adhesive.
- (Previously presented) A solid filled wall including a panel as claimed in Claim
 filled with concrete.

74-76. (Cancelled)

- 77. (Previously presented) A panel according to Claim 69 wherein the teeth compressively engage an outer surface of the tongues.
- 78. (Previously presented) A panel according to Claim 69 wherein the tongues have a width substantially similar to a width of the recesses so as to give an over dimension to the teeth relative to the tongues.
- 79. (Previously presented) A panel according to Claim 69 wherein at least one of the studs is positioned so that the head of the stud extends substantially to a side edge of the respective facing sheet.
- 80. (Previously presented) A panel according to Claim 79 wherein the head of the at least one stud is for allowing attachment of at least one of:

an end element for allowing an end of a panel to be closed;

a joiner element for allowing two adjacent panels to be joined together; and, a corner element for allowing two angled panels to be joined together.